

SIZING CHART

Female Girdles and Body Shapers										
	X-Small	Small	Medium	Large	X-Large	2X-Large	3X-Large	4X-Large	5X-Large	6X-Large
Dress Size	0 - 2	4 - 6	8 - 10	12 - 14	14 - 16	18	20	22 - 24	26 - 28	30+
Waist (inches)	23 - 25	25 - 27	27 - 29	30 - 32	33 - 36	37 - 40	40 - 44	45 - 49	50 - 55	56+
Hips (inches)	31 - 33	34 - 36	37 - 39	40 - 42	43 - 45	45 - 48	49 - 53	54 - 58	59 - 63	64 +
Male Girdles and Body Shapers										
		Small	Medium	Large	X-Large	2X-Large	3X-Large			
Chest (inches)*		36 - 38	39 - 42	43 - 46	47 - 50	51 - 54	55 - 58			
Waist (inches)		29 - 31	32 - 34	35 - 37	38 - 40	41 - 43	43 - 46			
Male Compression Vest										
			Small / Medium		Large / X-Large					
Chest (inches)			28 - 48		44 - 70					
(UB-Series) Abdominal Binders										
		Small	Medium	Large						
Waist (inches)		25 - 37	30 - 45	40 - 62						
(D-Series) Abdominal Binders										
		Small	Medium	Large	X-Large					
Waist (inches)		30 - 45	46 - 62	60 - 75	72 - 84					
Implant Stabilizer										
			Small / Medium		Large / X-Large					
Chest (inches)			32 - 39		37 - 44					
Surgical Bras, Female Bra Vests and Arm Support										
	X-Small	Small	Medium	Large	X-Large	2X-Large	3X-Large			
Chest (inches)	30 - 32	32 - 34	36 - 38	40 - 42	44 - 46	48 - 50	52 - 54			
Bicep (inches)	9.5	10	11	12	13	14.5	16			



* Measure male chest with arms straight out.